

HEALTHY SUMMER RECIPE

Mediterranean Chickpea Pasta Salad

A light, protein-packed lunch that's perfect for busy healthcare professionals.



Ingredients

- 12 oz whole wheat rotini
- 1 can chickpeas (drained)
- Cherry tomatoes
- English cucumber
- Kalamata olives
- Crumbled feta
- Red onion
- Fresh parsley

Dressing

- ¼ cup olive oil
- Juice of one lemon
- 1 tsp Dijon mustard
- Garlic
- Oregano
- Salt & pepper

Directions

- Cook pasta and cool.
- Combine vegetables and chickpeas.
- Whisk dressing ingredients.
- Toss together and refrigerate for 30 minutes.
- Serve chilled.

DID YOU KNOW?

Organizations with a structured provider onboarding process often experience:

- ✓ Faster payer approvals
- ✓ Earlier claim submission
- ✓ Improved provider satisfaction
- ✓ Less administrative burden



COMPLIMENTARY
CONSULTATION

Thinking about expanding your practice?

Our team can review your current enrollment processes, identify opportunities for improvement, and help develop a strategy for future growth.

Summer Growth Requires Smarter Enrollment

Summer often brings expansion—new providers, acquisitions, satellite offices, and changing payer requirements. While growth is exciting, every new provider represents dozens of moving parts that directly impact revenue.

At 1st Credentialing, our mission isn't simply completing applications—it's creating enrollment strategies that allow healthcare organizations to scale confidently. Whether you're onboarding one physician or fifty, our team works behind the scenes to reduce delays, improve accuracy, and protect reimbursement.

As healthcare becomes more technology-driven, we continue investing in automation while ensuring every client has a dedicated enrollment specialist overseeing the details that technology alone cannot manage.



– Heidi Henderson,
Founder & Principal

FEATURED ARTICLE

Five Enrollment Mistakes Costing Practices Thousands

Even experienced organizations unknowingly create delays.
The Top Five

- ✓ Waiting until providers start work before beginning enrollment
- ✓ Expired CAQH attestations
- ✓ Incorrect practice locations
- ✓ Missing EFT or ERA enrollment
- ✓ Assuming every payer follows the same process

Pro Tip:

Beginning payer enrollment 90–120 days before a provider's start date dramatically improves reimbursement timelines.

Read More

Why Provider Data Management Matters More Than Ever

Provider information lives across dozens of systems:

- CAQH
- NPPES
- Availity
- Commercial payer portals
- Medicare PECOS
- Medicaid portals

Behind the Scenes:

How Automation Makes Enrollment Faster

While human expertise remains essential, automation allows us to eliminate repetitive administrative tasks.

Our technology helps manage:

- License renewal tracking
- Credential expiration alerts
- Provider onboarding workflows
- Document collection
- Status tracking
- Recredentialing timelines

The result?

More visibility.
Less manual work.
Faster enrollment.

CLIENT SUCCESS TIP

Planning for Fall Hiring Starts Now

Many organizations wait until August to begin credentialing fall hires. Unfortunately, most commercial payers require 60–120 days to process applications.

If your organization expects:

- New physicians
- Nurse practitioners
- Behavioral health providers
- Physical therapists
- Additional locations

Summer is the ideal time to begin enrollment.

INDUSTRY UPDATE

What Healthcare Leaders Are Watching

Healthcare organizations continue to experience:

- Increased payer documentation requirements
- More digital enrollment portals
- Longer payer response times
- Continued provider shortages
- Increased focus on clean provider data

Organizations that proactively manage enrollment are seeing fewer payment delays and stronger operational efficiency.

QUICK TIP

Credentialing Vocabulary

PECOS

CMS enrollment system for Medicare providers.

CAQH

Centralized credentialing database used by commercial payers.

ERA

Electronic Remittance Advice.

EFT

Electronic Funds Transfer for provider payments.

Rostering

Adding multiple providers to payer networks simultaneously.